



SUN KISSED SUSE

PRE & POST TANNING TIPS

To ensure that you get the very best results from your Sun Kissed Suse tanning experience, we recommend that you follow these 3 simple steps:

1. BEFORE TANNING

Prior to receiving your Sun Kissed Suse spray tan, we recommend you cleanse and exfoliate your entire body. It's important when exfoliating that you pay particular attention to rough skin areas like knees, ankles, heels and the tops of your feet as dry areas tend to absorb tanning solution faster, which can result in an uneven looking tan. Exfoliating prior to receiving your spray tan will help to eliminate the top layers of dry and dead skin.

It is also best to shave or wax at least 24 hours prior to receiving your spray tan if possible.

2. ON THE DAY OF YOUR SPRAY TAN

On the day of your spray tan we recommend that you avoid the use of deodorants, moisturisers, perfume and make-up if possible, as these may inhibit the effectiveness of the tanning solution.

Clothing: It's important that you have suitable tanning attire to wear after your appointment. We recommend that you have dark, loose fitting clothes to put on after your tanning application as some minor rub off can occur after your spray tan; and whilst minor rub off will easily wash out of most fabrics, some lighter coloured materials, including leather, may stain.

When getting your spray tan you may wear as little as you like, or a full bathing suit. This is a personal choice. Sun Kissed Suse operates in a discreet manner and fully respects client confidentiality. We provide hair caps and disposable g-strings for client use.

For best possible results, you should avoid the following within the first 2 hours after application:

- Water
- Saunas/ Spas
- Physical Exercise/ Sweating
- Swimming
- Tight Fitting Clothing

IMPORTANT ADVICE!

Skin: If you feel you have highly sensitive skin, or you have any doubts, we recommend a small localised test spray to check your skin compatibility before having your spray.

3. AFTER TANNING

Once your tan is applied you must leave it to dry completely. Showering the following morning is the best option. We recommend that you do not exercise or perspire excessively between the tanning and the showering phase.

When showering do not be concerned if some of the initial bronzer washes off, this is part of the tanning process and your skin will continue to tan.

Finally if you want your Sun Kissed Suse spray tan to last longer, then you should where possible avoid:

- Long baths
- Hot spas
- Extended swimming sessions
- Any product designed to exfoliate your skin